

The Insulin Delivery Satisfaction Survey

Version: Type 2 Diabetes

The following questions are about your current insulin delivery system. Please consider the insulin delivery system you use the most or consider to be your primary system (an insulin pen, vial and syringe, insulin pump or perhaps some other type of insulin delivery system) when answering these questions.

For each item below, circle the number that best indicates how much you agree or disagree with each statement as it pertains to your current insulin delivery system.

	My current insulin delivery system:	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
1	Is too complicated.	1	2	3	4	5
2	Helps me to have good blood glucose control.	1	2	3	4	5
3	Helps me to avoid missing or forgetting doses.	1	2	3	4	5
4	Is too much of a hassle to use.	1	2	3	4	5
5	Helps me to keep my blood glucose levels stable.	1	2	3	4	5
6	Works well when I need it.	1	2	3	4	5
7	Helps me to be more spontaneous in my life.	1	2	3	4	5
8	Takes too much time to use.	1	2	3	4	5

	My current insulin delivery system:	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
9	Helps me feel less restricted by diabetes.	1	2	3	4	5
10	Doesn't really benefit me much.	1	2	3	4	5
11	Has too many pieces and parts to manage.	1	2	3	4	5
12	Helps me feel more positive about the future.	1	2	3	4	5

Scoring instructions:

The Insulin Delivery scale for Type 2 Diabetes contains three subscales as well as a total score. Each can be obtained by calculating the mean item response score for the groups of items below.

DIFFICULT 1: items 1, 4, 8, 11

USEFUL: items 2, 5, 6, 10 (reverse coded)

FREEING: items 3, 7, 9, 12

Total scale: mean of items 1-12 (reverse code items: 1, 4, 8, 10-11)