

The Insulin Delivery Satisfaction Survey

Version: Type 1 Diabetes

The following questions are about your current insulin delivery system. Please consider the insulin delivery system you use the most or consider to be your primary system (an insulin pen, vial and syringe, insulin pump or perhaps some other type of insulin delivery system) when answering these questions.

For each item below, circle the number that best indicates how much you agree or disagree with each statement as it pertains to your current insulin delivery system.

	My current insulin delivery system:	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
1	Is too complicated.	1	2	3	4	5
2	Helps me to have good blood glucose control.	1	2	3	4	5
3	Is often embarrassing to use when I am in public.	1	2	3	4	5
4	Is too much of a hassle to use.	1	2	3	4	5
5	Helps me to feel more in control of my diabetes.	1	2	3	4	5
6	Works well when I need it.	1	2	3	4	5
7	Is too expensive.	1	2	3	4	5
8	Makes it difficult to be as spontaneous as I'd like to be.	1	2	3	4	5
9	Has too many pieces and parts to manage.	1	2	3	4	5

	My current insulin delivery system:	Strongly disagree	Disagree	Neutral	Agree	Strongly agree
10	Doesn't really benefit me much.	1	2	3	4	5
11	Is inconvenient to use when I am away from home.	1	2	3	4	5
12	Takes too much time to use.	1	2	3	4	5
13	Is a hassle to carry around.	1	2	3	4	5
14	Helps me feel more positive about the future.	1	2	3	4	5

Scoring instructions:

The Insulin Delivery scale for Type 1 Diabetes contains three subscales as well as a total score. Each can be obtained by calculating the mean item response score for the groups of items below.

EFFECTIVE: items 2, 5, 6, 10 (reverse coded), 14

BURDENSOME: items 1, 4, 7, 9, 12

INCONVENIENT: items 3, 8, 11, 13

Total scale: mean of items 1-14 (reverse code items: 1, 3-4, 7-13)