

THE HYPOGLYCEMIC CONFIDENCE SCALE FOR PARTNERS OF ADULTS WITH TYPE 1 DIABETES

<i>How confident are you that your partner can stay safe from serious hypoglycemia problems:</i>	Not Confident At All	A Little Confident	Moderately Confident	Very Confident
1. While sleeping?				
2. When in social situations? (e.g., at a party, café with friends, theater)				
3. When he/she is alone?				
4. During moderate or strenuous physical activity (e.g., sports, bicycling, brisk walking, yard work)?				
5. While driving?				
6. While at work?				
7. While traveling?				

<i>More broadly, how confident are you that:</i>	Not Confident At All	A Little Confident	Moderately Confident	Very Confident
8. He/she will let someone know if help is needed because of serious hypoglycemia?				
9. He/she will respond well to your efforts to help treat serious hypoglycemia?				
10. He/she has all the tools that are needed to stay safe from serious hypoglycemia? [e.g., emergency glucose on hand, injectable glucagon, continuous glucose monitor (CGM)].				
11. He/she is personally concerned enough about avoiding serious hypoglycemia?				
12. Overall, he/she can avoid serious problems due to hypoglycemia?				